Special Points of Interest:

- Selfies with Sacajawea
- New Fiction (Humorous Fiction)
- Matt Martino Live @ the Redbird Café
- New Audiobooks/ DVDs/ Music CDs

Selfies with Sacajawea

Book Signing: Nelson Peterson, author of Selfies with Sacajawea, will be at the library for a book signing on Monday, March 4th at 6:30 p.m. In June 2018, two historians set out to re-trace the steps of America’s greatest explorers, Lewis and Clark. Beginning in St. Louis under the Gateway Arch, Nelsen Petersen and Dean Shissler began a 14-day journey - in a Pontiac Vibe named "Kyle" with over 200,000 miles and questionable brakes - that ended on the shores of the Pacific Ocean. Joined halfway by Don Kern, an ageless adventurer with over 320 marathons to his credit, the trio began to understand the overwhelming accomplishments of the Corps of Discovery from 1804-1806. Dealing with cheap hotels, oppressive heat (with no A/C in the car), inaccurate historical markers, micro-breweries and the consequences of poor travel planning, this trio of modern day explorers invite you to relive their journey through America's rugged west along the Lewis and Clark Trail.

Wed. Mar 1: Nebraska Birthday Celebration 10am-6pm
Wed. Mar 1: Advisory Board 5:30pm

Cookbook Book Club: Celebrate Irish heritage with your favorite potato recipe.

Bring your dish, the book or magazine where you got the recipe, and your ingredient list on Thursday, March 14th at 6:30 p.m.

Gardening Classes: Spring is coming and these classes will help you to get your garden growing.

“Small Space Gardening” is on March 5th at 6:30 p.m.

“Pollinators in your Garden” is on March 12th at 6:30 p.m.

“Seed Starting” is on March 19th at 6:30 p.m.

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Matt Martino Live @ the Redbird Café: Matt Martino: After a five-year hiatus spent recovering from a neck injury that nearly derailed his career, singer/songwriter Matt Martino is back on tour and creating new music in 2018. Martino’s star was rising following the success of his debut album, “Let it Shine,” in 2007. In the years that followed, his tunes could be heard on prime-time television and independent films all over the world. “Let it Shine” appeared on the 2008 Grammy ballot in six categories, including Best New Artist, Song of the Year, and Album of the Year. Following rave reviews from Music Row magazine and other prominent music industry publications, he released three additional singles and re-released a collection of back-catalog tunes before declining health finally halted his music career entirely in 2012.

After a frustrating five-year healing period fraught with inaccurate diagnoses and setbacks, Martino was finally well enough to return to the stage in 2017. A series of small, intimate house concerts throughout the year allowed Martino to re-acclimate to performing and has reignited his desire to play. Response has been overwhelmingly positive and Martino will continue to pursue house concerts and intimate performing opportunities in 2018 while also revisiting many of the larger venues in which he has performed in the past.

DAN WEBER LIVE @ THE REDBIRD CAFÉ

Dan Weber will perform in concert on Thursday, March 28th at 7:00 p.m. Weber began performing later in life at age 40 but being a gifted storyteller, he quickly won over audiences with his natural charisma, upbeat performances, authentic songwriting, and off-the-cuff hilarious stories from the many roads he’s traveled.

His songs have been described as “Guthrie-esque and reminiscent of early John Prine” and “A rare combination of wit, emotion and Harry Chapin-esque imagery” and the UK’s Maverick Magazine said: “4 Stars: The touch of a true Master Craftsman songwriter.” There’s also been recognition from DJ’s: "Hank and Jesus is easily the best folk song I heard last year" and The Victory Review wrote "Weber’s writing is as strong as any in the Contemporary Folk community. Goodbye to Dad is one of the best original tunes that I have heard in a long time."

MARCH COVER TO COVER

Cover to Cover Book Club will discuss A Man Called Ove by Fredrik Backman on Monday, March 11th, at 3:00 p.m. The following is a description of this book.

Meet Ove. He’s a curmudgeon; the kind of man who points at people he dislikes as if they were burglars caught outside his bedroom window. He has staunch principles, strict routines, and a short fuse. People call him ‘the bitter neighbour from hell’. But must Ove be bitter just because he doesn’t walk around with a smile plastered to his face all the time? Behind the cranky exterior there is a story and a sadness. So when one November morning a chatty young couple with two chatty young daughters move in next door and accidentally flatten Ove’s mailbox, it is the lead-in to a comical and heartwarming tale of unkempt cats, unexpected friendship, and the ancient art of backing up a U-Haul. All of which will change one cranky old man and a local residents’ association to their very foundations.

On March 25th, we will do a pre-discussion of the One Book One Siouxland book The Grapes of Wrath by John Steinbeck. In this discussion we will go through the first chapters of the book to help acclimate them to this style of writing.

On April 8th, we will discuss the complete book, when we host the One Book One Siouxland discussion at 3:00 p.m.
NEW AUDIOBOOKS/ DVD’S/ MUSIC CD’S

**Audiobooks**
- The Suspect by Fiona Barton
- The New Iberia Blues by James Lee Burke
- As You Wish by Jude Deveraux
- Untouchable by Jayne Ann Krentz
- The Widow by Jess Montgomery
- The Last Thing She Ever Did by Gregg Olsen
- Crucible by James Rollins
- The Hiding Place by C.J. Tudor

**DVDs**
- Dog Training 101
- Goosebumps 2
- The Nutcracker and Four Realms
- Night School
- RBG
- Bad Times at El Royale
- Batman: Gotham by Gaslight
- First Man
- The Hate U Give
- The Wife
- Halloween
- Doctor Who (the complete eleventh season)

**Music**
- The Greatest: the Number Ones by Johnny Cash
- The Greatest: the Number Ones by Waylon Jennings
- Buzzard’s Buff by Jodee Lewis
- Whiskey Halo by Jodee Lewis
- The Golden Hour by Kacey Musgrave
- Last Man Standing by Willie Nelson
- Volunteer by Old Crow Medicine Show

YOUTH ACTIVITIES

**Toddler Time** (Fridays @ 10:00 a.m.) is a story time for children 2-5 years old; stories, craft & snack

**Night of FUN** (Tuesday, March 5th @ 6:00 p.m.) makes Tissue paper shamrock

**Grab and Go!** (Wednesday March 6th @ 4:00 p.m.)-- Shamrock Puppy

**Pat-a-Cake Pals** (Thursdays @ 10:00 a.m.) is a story time for children under 2 years old; singing, dancing, stories, sensory play.

**Experiment It** (Thursdays @ 6:00 p.m.) Rainbow Science

**Family Story Time** (Saturday, March 9th @ 11:00 a.m.) is a story time for all ages – stories & craft

**Night of FUN** (Tuesday, March 12th @ 6:00 p.m.) STEM Trailer

**Grab and Go** (Wednesday March 13th @ 4:00 p.m.) Leprechaun Most Wanted Poster

**Experiment It!** (Thursday, March 14th @ 6:00 p.m.)—Pi Day card game

**Pokemon Club** (Saturday, March 16th @ 1:00 p.m.)

**Moving Past Ramen** (Saturday, March 16th @ 2:30 p.m.)—Meal Prep & Planning with a Grocery Budget

**Teen After Hours** (Saturday, March 16th @ 6:00 p.m.)—must pre-register; High School Student hang out from 6-9 and play games, eat snacks and have fun

**Night of FUN** (Tuesday, March 19th @ 6:00 p.m.)—Paper Rainbow Flyer

**Grab and Go** (Wednesday, March 20th @ 4:00 p.m.)—Word Scramble

**Experiment It** Thursday, March 20th @ 6:00 p.m.) Science with Lucky Pennies

MARCH FAMILY MOVIES

**Night of FUN** (Tuesday, March 26th @ 6:00 p.m.)—Painted Handprint Rocket

**Grab & Go** (Wednesday, March 27th @ 4:00 p.m.)—Design Basketball Team Jersey

**Experiment It**— (Thursday, March 28th @ 6:00 p.m.)— Robotic Hand

**Experiment It!** (Thursday, March 14th @ 6:00 p.m.)—Pi Day card game

**Moving Past Ramen** (Saturday, March 16th @ 2:30 p.m.)—Meal Prep & Planning with a Grocery Budget

**Teen After Hours** (Saturday, March 16th @ 6:00 p.m.)—must pre-register; High School Student hang out from 6-9 and play games, eat snacks and have fun

**Night of FUN** (Tuesday, March 19th @ 6:00 p.m.)—Paper Rainbow Flyer

**Grab and Go** (Wednesday, March 20th @ 4:00 p.m.)—Word Scramble

**Experiment It** Thursday, March 20th @ 6:00 p.m.) Science with Lucky Pennies

We show movies on Mondays at 4:00 p.m. and Saturday at 10:00 a.m.

Christopher Robin (3/2) The young boy, who loved taking adventures in the Hundred Acre Wood with a gang of spirited and loveable stuffed animals, has grown up and lost his way. Now it is up to his childhood friends to venture into that world and help Christopher Robin remember the loving and playful boy who is still inside.

Ralph Breaks the Internet (2/4) Six years after the events of “Wreck-It Ralph,” Ralph and Vanellope, now friends, discover a Wi-Fi router in their arcade, leading them into a new adventure

How to Train Your Dragon (3/11, 3/16) Hiccup is a Viking teenager who aspires to hunt dragons, but doesn’t exactly fit in with his tribe’s longstanding tradition of heroic dragon slayers. His world gets turned upside down when he encounters a dragon that challenges him and his fellow Vikings to see the world from an entirely different point of view.

How to Train Your Dragons Part 2 (3/18, 3/23)

MARCH 26TH IS PURPLE DAY

1 in 26 people have epilepsy, Purple Day is an international grassroots effort dedicated to increasing awareness about epilepsy worldwide.

On March 26th annually, people in countries around the world are invited to wear purple and host events in support of epilepsy awareness.

The following is a brief interview with Bob McKnight, a Siouxland man with epilepsy.

Q: How did you find out you had epilepsy?
A: My first seizure actually happened at the age of 16 but I was not diagnosed until I was 18.

Q: What is it like to have epilepsy?
A: It’s a very scary thing because you never know when they’re going to have one some people have ORS some people just get very moody before it depends on the person and there’s so many different types.

Q: What should one do, if a friend has a seizure?
A: One of the first things to do is turn their heads to the side and make sure that they don’t swallow their tongue due to the fact that’s when a person is at their strongest do not attempt to put anything in their mouth just make sure that they don’t swallow their tongue Some of the signs to look for is nervous twitching very irritable slurring of the words it’s just a few signs

Thanks to Bob for giving us a few insights into the world of epilepsy.

READING ABOUT EPILEPSY

The following are articles you can read from Explora. One of the reference sites available to Nebraska citizens.

Epilepsy. Funk & Wagnalls New World Encyclopedia. 2018 1p.


Analysis of hematological parameters in patients treated with ketogenic diet due to drug-resistant epilepsy. By: Kose, Engin; Guzel, Orkide; Arslan, Nur. Neurological Sciences, Jan2018, Vol. 39 Issue 1, p85-89. 5p. DOI: 10.1007/s10072-017-3152-x.

Protective effect of compound Danshen (Salvia miltiorrhiza) dripping pills alone and in combination with carbamazepine on kainic acid-induced temporal lobe epilepsy and cognitive impairment in rats. By: Jia, Chen; Han, Shanshan; Wei, Ling; Dang, Xiangji; Niu, Qianqian; Chen, Mengyu; Cao, Boqun; Liu, Yuting; Jiao, Haisheng. Pharmaceutical Biology, Dec2018, Vol. 56 Issue 1, p217-224. 8p. DOI:

MARCH IS WOMEN’S HISTORY MONTH

Since 1995, each president has issued an annual proclamations designating the month of March as “Women’s History Month.” The National Women’s History Alliance selects and publishes the yearly theme. The 2019 Women’s History Month theme is “Visionary Women: Champions of Peace & Nonviolence.”

Celebrating the achievements of women. The following are articles that celebrate the achievements of women.


Silent Film Actresses and Their Most Popular Characters by Claire LOVE Jen Pollack Alison Landsberg, Ph.D (April 6, 2017) https://www.womenshistory.org/articles/silent-film-actresses-and-their-most-popular-characters


The following are the most popular female authors and some of their most popular titles.

**Gillian Flynn**
- Gone Girl

**Paula Hawkins**
- The Girl on the Train

**E.L. James**
- Fifty Shades series

**Debbie Macomber**
- Starting Now
- A Girl's Guide to Moving On

**Janet Evanovich**
- Stephanie Plum series
- Fox and O'Hara series

**Janette Oke**
- When Courage Calls

**Christina Baker Kline**
- The Orphan Train

**Sandra Brown**
- Mean Streak

**Kristin Hannah**
- The Nightingale

**Catherine Coulter**
- Bombshell

**Sue Grafton**
- Kinsey Millhone series

**Laura Hillerbrand**
- Unbroken

**Jennifer Chiaverini**
- Mrs. Lincoln's Dressmaker

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**CHILTON LIBRARY**

Chilton Library is a car repair database available at the library. Chilton Library provides authoritative, money-saving car-care guidance.

Deliver reliable automotive help online 24/7 through ChiltonLibrary, trusted by automotive enthusiasts and professionals for more than 100 years.

This continually updated resource provides:
- Step-by-step service and repair procedures
- Wiring diagrams
- Maintenance and specification tables
- Troubleshooting guides and diagnostic trouble codes
- Photos, illustrations, diagrams and multimedia (videos and animations)
- ASE test prep
- MARC Records are also included!

ChiltonLibrary’s dynamic search engine helps users find specific procedures quickly and offers other benefits:
- Domestic and import vehicle information through the current model year, updated continuously
- Individual tabs for repair, maintenance, labor estimating, and bulletin/recall information.
- Powerful search functionality, including keyword searches and nested tree menus.
- Ask a librarian for the password and start working on your vehicle.

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**NEW NONFICTION**

*In the company of trees*: honoring our connection to the sacred power, beauty, and wisdom of trees by Andrea Sarubbi Fereshteh (302.2 FER)
*Weird parenting wins*: bathtub dining, family screams, and other hacks from the parenting trenches by Hillary Frank (306.874 FRA)
*All You Can Ever Know* by Nicole Chung (362.734 CHU)
*Star Trek, the official guide to our universe*: the true science behind the starship voyages by Andrew Fazekah (523 FAZ)
*The spirit and the sky*: Lakota visions of the cosmos by Bryan Hollabaugh (523.1089 HOL)
*Reality is not what it seems*: the journey to quantum gravity by Carlo Rovelli (530.14 ROV)
*The Complete Book of Home Organization* by Toni Hammerley (648.8 HAM)
*The enchanted hour*: the miraculous power of reading aloud in the age of distraction by Meghan Cox Gurdon (649.58 GUR)
*Paint like Van Gogh*: an easy introduction to painting classic artworks like the great master by Joanne Shurvell (750.28 SHU)
*Rock Stars at Home* by Chris Charlesworth (781.66 CHA)
*Bowie on Bowie*: interviews and encounters with David Bowie by Sean Egan (BIO BOW)

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*The Art of Screen Time* by Anya Kamenetz (781.54 KAM)
The Midnight Line by Lee Child (FIC CHI). Jack Reacher leaves Milwaukee on the first bus out. On his way, he sees a class ring from West Point in a pawn shop. This little observation leads him to Rapid City, South Dakota and Wyoming. He gets entangled in an opioid ring. Child’s novels are always fast-paced, with twists and turns that are unexpected. Those who have the Reacher series will find Jack Reacher more empathetic than in most of the novels. It is worthwhile reading for those who have not read all of the Jack Reacher series.

Fire & Fury by Michael Wolff This has been a first for me since about 2008. I have avoided reading about politics as much as possible, but I broke my reading fast to read Fire and Fury by Michael Wolff. The story begins with election night on 2016, when, according to Wolff, the Trump campaign and family were coming to terms with the election of Donald Trump. I had heard about this point from various interviews and reports that came out of the punditry after Trump’s election, so I am not surprised by this assertion.

The book explores the challenge of working with a self-making man, who does not have a set of core beliefs, is not a thinker, but makes his decisions by emotion, rather than careful. Wolff compares Trump to Hulk Hogan, of professional wrestling fame, in Donald’s ability to continue to remake himself. The problem with that in the White House is that the fate of the whole nation rises and falls on his changing likes, dislikes, and influences. Much of the book deals with Steve Bannon’s relationship with the rest of the Trump White House. The book makes, not only President Trump, but his family and most of his cabinet look bad. Surprisingly, reading this after the 2018 elections and while exploratory committees for 2020. Most of the Democrats who are talking about a run for President tend to be far left of center, which makes it look like Bannon may have been right about this section of history.

The book is better than I expected and is a worthwhile read for people interested in politics.