

100 Years of Service @ your Library

Census Chat is on Thursday, April 9th 5;30 p.m. Join us as we help you to answer your questions about the 2020 U.S. Census.

Cover to Cover: Cover to Cover will discuss *Station Eleven* by Emily St. John Mendel on Monday, April



13th at 3:00 p.m. In this book, "One snowy night a famous Hollywood actor slumps over and dies onstage during a production of King Lear. Hours later, the world as we know it begins to dissolve. Moving back and forth in time-from the actor's early days as a film star to fifteen years in the future, when a theater troupe known as the Traveling Symphony roams the wasteland of what remains-this suspenseful, elegiac, spellbinding novel charts the strange twists of fate that connect five people: the actor, the man who tried to save him, the actor's first wife, his oldest friend, and a young actress with the Traveling Symphony, caught in the crosshairs of a danger-

ous self-proclaimed prophet. Sometimes terrifying, sometimes tender, Station Eleven tells a story about the relationships that sustain us, the ephemeral nature of fame, and the beauty of the world as we know it"--Provided by publisher.

We will discuss the first half of *Pachinko* on Monday April 27th at 3:00 p.m. In this book, "*Pachinko* follows



one Korean family through the generations, beginning in early 1900s Korea with Sunja, the PACHINKO prized daughter of a poor yet proud family, whose unplanned pregnancy threatens to shame them all. Deserted by her lover, Sunja is saved when a young tubercular minister offers to marry and bring her to Japan. So begins a sweeping saga of an exceptional family in exile from its homeland and caught in the indifferent arc of history. Through desperate struggles and hardwon triumphs, its members are bound together by deep roots as they face enduring questions of faith, family, and identity"-- Provided by publisher.

Goodwill

Representatives from Goodwill Industries of the Great Plains will be at the library on Friday, April 17th 2:00 p.m. They will help with issues surrounding unemployment.

National Library Week, April 19-25: is a time to celebrate the contributions of our nation's libraries and librarians and to promote library use and support. The following are programs to highlight the importance of libraries.

Marci Broyhill will have a book signing at the library on Monday, April 20th at 6:30 p.m. She will be read-

ing from and signing copies of her book Nebraska's Outlaw Trails: Fact, Fiction and Lore. In this book you will discover history, legends and lore of the western movement through the storytelling genre of cowboy poetry. The author places you on consequential trails of outlaws, frontier law, sagacious men and women. You will shadow somber trails that cause reflection and trace ighthearted trails that generate smiles.

Read to Me Therapy Dogs will be here on Tuesday April 21st at 6:00 p.m.

Coffee break Celebration celebrating National Library Week and the library's 100th anniversary is on Wednesday April 22nd at 2:00 p.m.

Dorothy Pecaut Nature Center will be here on Thursday April 23rd at 6:30 p.m.

Siouxland Rocks rock painting is on Saturday April 25th from 12:00 a.m.to 2:00 p.m.

Spoken Word Poetry program for teens is on Saturday, April 25th at 3:00 p.m.

History of the South Sioux Library is on Monday, April 27th at 6:30 p.m.

*All events are subject to change as things change with the novel COVID-19 virus.



Superintendent's Office

HOW TO TALK TO KIDS ABOUT CORONAVIRUS

Turn concerned thoughts into helpful action

Many children find relief by becoming actively engaged and helpful. Teach your children about things they can do to help prevent the spread of illness, such as proper

techniques. Take opportunities to help others in need. such as participating in a medical supplies drive or talking to sick family members (through phone or video conferencing)."



Limit kids' news exposure

News media coverage of disasters and national crises affects children differently than adults. According to Dr. Edwards, "Children may have acute stress reactions, or even develop PTSD from distressing news media, even if the actual threat isn't in their community." To help children interpret and make sense of the information, watch news coverage about the virus with them. Limit daily access to news coverage, to give them prolonged periods without coronavirus reminders.

Keep an open dialogue and a routine

Take time at regular intervals to sit down with your kids:

- Be an active listener
- Allow them to vent and discuss their knowledge and fears of the outbreak
- Gently correct any misinformation you hear, and be honest with them about what is known and what is unknown
- · Reassure them you're doing everything to help keep the family safe

Maintaining structure and routine is important. For instance, if you normally go to grandma's home each weekend, arrange video calls with her instead of at the same time. If school closes for days, be prepared to keep kids engaged in educational activities during typical school hours. Keep a routine of expectations and chores, even if your living arrangements need to temporarily change So far, children have a lower risk of complications.

For the latest information, please visit us at one of our official district sources:

District Website: www.ssccardinals.org www.facebook.com/ssccardinals https://twitter.com/SSCcardinalNews

VISIT OUR SCHOOL WEB PAGE ONLINE AT:



CARDINAL

COVID-19 NOVEL CORONAVIRUS

There has been a lot of news, information, and even some misinformation about the recent outbreak of coronavirus that started in Wuhan, China. As the SSC Public Health Medical Director, I wanted to address some things you can do to keep you and your family safe. First, coronavirus is actually the same virus that causes the common cold, so it is not some new or previously undiscovered virus.

With that being said, there is no reason to panic, but to exercise caution as you would with other viruses such as influenza. It appears that it is mostly spread through droplets from coughing and sneezing, and mostly by patients that are quite ill. You should try to maintain at least 6 feet from anyone sick if possible. Some of the recommendations are:

- 1) Avoid anyone sick or with a fever.
- 2) If you are sick or have a fever you should quarantine yourself in a room of the house and try to use a separate bathroom.
- 3) If you are sick or have a fever you should not go to school, work, or anywhere that others are gathered.
- 4) If you are sick or have a fever you should wear a mask to decrease any exposure
- 5) Unless you are becoming dehydrated or too ill to manage at home you should go to the hospital and avoid your doctor's office to decrease exposure to others.
- 6) Frequent hand washing with an alcohol based hand sanitizer containing at least 60% alcohol and wiping down any possible exposed surfaces with any household

Symptomatic treatment for fever and cough are the only current recommendations if you are ill and there is no immunization or treatment widely available for coronavirus. The city of South Sioux City and its leaders are having daily and weekly updates and meetings. These meetings also include first responders, the mayor's office, public health workers, and others. We are committed to following the CDC recommendations and doing our best to keep the citizens safe and informed. A lot of this and other information can also be obtained from the www.cdc.gov website. Rick Colwell, D.O.

Medical Director, South Sioux City Public Health



- National crime Victim's rights
- Random Act of Kind-
- Adopt A-Street Pro-
- No spring clean-up
- Steps to prevent Coronavirus



APRIL PUBLIC MEETINGS

City Hall Council Chambers – 1615 1st Avenue

City Council Meeting* 13th & 27th at 5:00 p.m. Community Development Agency: 9th & 23rd at 11:00 a.m. Finance Committee*: 1st, 8th,15th & 22nd at 11:00 a.m. Public Works Committee* 6th & 20th at 5:00p.m. Design Commission: 2nd & 16th at 8:30 a.m.

Planning & Zoning Commission: 8th & 22nd at 4:00 p.m. Rental Board 2nd at 5:00p.m.

Parks & Recreation Office - 1021 E 6th Street Parks & Recreation Board:

South Sioux City Library – 2121 Dakota Avenue Library Board: 1st at 5:30 p.m.

*Meetings are Broadcast Live on Cable One Channel 57 Long Lines Channel 3 and live video streamed on city website www.southsiouxcity.org



HTTP://WWW.SSCCARDINALS.ORG

NATIONAL CRIME VICTIMS' RIGHTS WEEK

NATIONAL CHILD ABUSE PREVENTION MONTH

NATIONAL SEXUAL ASSAULT AWARENESS MONTH

"SEEK JUSTICE. ENSURE VICTIMS' RIGHTS. INSPIRE HOPE." April 19-25, 2020 National Crime Victims' Rights Week

Since 1981, National Crime Victims' Rights Week is celebrated every year in April. It is dedicated to learn about victimization, the effect victimization has on individuals, families, friends and the community, and to promote laws, policies, and programs to help victims of crime. This year's theme is "Seek Justice. Ensure Victims' Rights. Inspire Hope" which celebrates the progress made by those before us as we look to a future of crime victim services that is even more inclusive, accessible, and trauma-informed. The crime victims' movement arose out of a million cases of injustice.

What is Office for Victims of Crime? The mission of OVC is to enhance the Nation's capacity to assist victims and to provide leadership in changing attitudes, policies, and practices to promote justice and healing for all victims of crime. OVC accomplishes its mission in many different ways.

- Administering the Crime Victims Fund.
- Supporting direct services.
- Providing training programs.
- Sponsoring demonstration projects.
- · Producing publications of promising practices in victim services.

The Victims of Crime Act (VOCA), passed by congress in 1984, created a national fund to ease victims' suffering. Financed by fines and penalties paid by offenders, the Crime Victims Fund supports victim assistance and services, such as **Dakota County Victim Assistance Program**, rape crisis and domestic violence programs, and victim compensation programs that pay victims' out-of-pocket expenses such as counseling, funeral expenses, and loss wages.

For additional information on crime victim services, please contact Dakota County Victim Assistance Program at 402.404.7550, dcvap@southsiouxcity.org, or Facebook: Dakota County Victim Assistance Program. For additional information visit the Office for Victims of Crime website, www.ovc.gov.

Ben Schultz and Erica Bowman from Lewis and Clark School came to the City Council meeting to share the ac-

tivities that the South Sioux Schools were involved in for Random Acts of Kindness week during the month of February. The theme for this year was to Lend a KIND Hearted Hand. The students could purchase sticky hands for \$1.00 and the teachers paid \$5.00 to wear jeans one day during the week. The students and staff raised over \$2,000.00 to be donated to the completion of Freedom Park.

The stickers you see in the photo are the next phase of the Be Kind movement that has been a project of the school district and the community for the last few years. These are car stickers and are going to be given out as a way to spread this message even further. All Be Kind business



signs and car stickers have been donated by AdCraft. If you would like a car sticker, please contact Lewis and Clark School and we will make sure to get them to you! Let's continue to spread this message throughout our community and every community that will see these.

Volunteer of the Month is Richard A Poulsen

Richard A. Poulsen has lived in SSC for 52 yrs. He has served on the plumbing board for 40+ years and Housing Board for 4yrs. He is a Veteran of the Navy, served from 1963 to 1967, traveled several places and served in the Vietnam War twice. He was married to Sandy for 48 years before she became is guardian angel. They had a Son, Brian Poulsen and Daughter, AmyJo (Chad) Barber. He also has 7 grandchildren, 6 great grandchildren. He enjoys spending time with friends & family, watching Nascar & football. Some of his previous past times were spent as car shows, swap meets and sitting outside on nice summer days. He has enjoyed working at Dryden Plumbing, Hagen Plumbing and numerous other places where he had the joy of working on schools, event center, Promenade, Opportunity Unlimited and Job Core.



Help keep our city clean

Help control the litter in our beautiful city. It's that time of year again, for The City of South Sioux City 's **Adopt a Street Program**.

We are looking for organizations or individuals to **Adopt a Street** here in South Sioux City. A <u>Street Sign</u> will be placed in the area, <u>acknowledging</u> those who are helping out! If you want to **Adopt a Street** the program works like this. **Adopt a Street** will entail keeping the street of your choice, if available, and the parking area clean of litter. You will be responsible for a minimum of 6 blocks and cleaning twice a year with a two-year commitment.



Additionally the city *will supply* orange bags for litter pickup. Once the orange bags are full, you can bring them to the Public Works Office at 125 E. 26^{th.} The City has the wavier forms for those wanting to adopt a street.



This is a GREAT opportunity for a community service program for organizations, families and businesses that are interested in helping keep the first impression spotless for South Sioux City!

We look forward to hearing from you and having you sign up. Please call us at the public works office if you are willing to be a part of the **Adopt a Street** Program. Call 402-494-8166 and ask for Joey. We hope to hear from you!

Reminder that spring clean-up is <u>canceled</u>, one clean-up per year in the fall for both garbage and trees.

Steps to Prevent the Coronavirus illness

The best way to prevent the Coronavirus (COVID-19) illnessisto avoid being exposed to this virus.

There is currently no vaccine to prevent coronavirus disease

The virus is thought to spread mainly from person-to-person

- Between people who are in close contact with one another (within about 6 feet)
- Through respiratory droplets produced when an infected person coughs or sneezes

These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs

Take steps to protect yourself Clean your hands often

- Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol.
- Avoid touching your eyes, nose, and mouth with unwashed hands.

Avoid close contact

- Avoid close contact with people who are sick
- Put distance between yourself and other people if COVID-19 is spreading in your community. This is especially important for people who are at higher risk of getting very sick.

Take steps to protest others Stay home if you're sick

- Stay home if you are sick, except to get medical care
- Call your health care provider before leaving your house

Cover coughs and sneezes

- Cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow
- Throw used tissues in the trash
- Immediately was your hands with soap and water for at least 20 seconds
- Clean and disinfect frequently touched surfaces daily. This includes tables, doorknobs, light switches, phones, keyboards, toilets, sinks.

Older adults and people who have severe underlying chronic medical conditions like heart, lung disease or diabetes seem to be at higher risk for developing more serious complications from COVID-19 illness. Please consult with your health care provider about additional steps you may be able to take to protect yourself Dakota County Health Department—402-987-2164

Siouxland Counts 2020

Census data is used to distribute funds to our schools for **free/reduced lunches**, **bussing**, **new schools**, **academic support**, and more.



Los datos del Censo ayudan a dividir los fondos del gobierno para almuerzos escolares gratuitos y reducidos, transporte en autobús, nuevas escuelas, apoyo académico y más.

Xogta tirikoobka waxey caawisaa kala qeybinta dakhliga dowlada ku bixiso si bilaashka ah am dhimeyso Qadada iskuulka, basaska, iskuul cusub, taageerida



1-844-330-2020 my2020census.gov